

GENERATIONS

OB + GYN

PREPARATION FOR ABDOMINAL AND OB ULTRASOUNDS

1. Empty your bladder 90 minutes before the exam. Drink 20-24oz of any fluid 60 minutes before the exam.
NOTE: A full bladder is needed for certain parts of the exam but not so full that it is painful.
2. You can bring 1 support person over the age of 18. Children are not allowed at this appointment.
3. **[OB PATIENTS]** Please eat something before the exam (Preferably natural sugar like fruits or juice); this helps make the baby active
4. **[OB PATIENTS]** Please refer to the reverse side for additional services available at your ultrasound appointment.

Date _____

Check-In Time _____

- | | | | |
|---------------------------------------|---|---|---|
| ☐ Dr. Sanborn | ☐ Dr. Lippincott | ☐ Dr. Asao | ☐ Katie, PA-C |
| ☐ Dr McCloskey | ☐ Dr Sobolewski | ☐ Dr DeGiulio | ☐ Erin, NP-C |
| ☐ Dr. Huston | ☐ Dr. Perlin | ☐ Cheryl, PA-C | ☐ Jeanna, WHNP-C |
| ☐ Dr. Loehrke | ☐ Dr. Brockberg | ☐ Jennifer, WHNP-C | ☐ Other _____ |

COURTESY REMINDER: If you do not arrive at your check-in time, you may be asked to reschedule.

CANCELLATION POLICY: Appointments not cancelled within a 24-hour notice will result in a \$50 patient charge. Entertainment ultrasound appointments will result in a \$100 patient charge. Thank you for your understanding.

Rev 10/25